

District 5 Senior Leadership Lab and Council Officer Elections

April 11-12, 2025

Lakeview Methodist Camp, Palestine

Who is ready to explore District 5 4-H Youth Leadership?

District 5 is super excited to announce their 4-H Senior Leadership Lab which will be held April 11-12, 2025 in Palestine at Lakeview Methodist Camp. The theme this year is “Dream On with District 5 4-H.”

Lab Activities

Friday Evening

- **Costume themed dance:** Red Carpet Rodeo (prizes for the best dressed rodeo theme male and female).
- Get to know each other **ice breaker** and **team-building** games.
- **Weaving Dreams Blanket Tying Community Service Project** with the 2024-2025 D5 Council Officers
- Tag Your It with a **Power Laser Tag** team competition.
- **Grab and Go from the Grill** light dinner with “Chef” Ryan Merrel.



Saturday Morning & Afternoon

- Breakfast & lunch in the Dining Hall
- **Leadership Learning:**
 - **4-H Ag Advocacy** with Dr. Billy Zanolini, Texas 4-H Agriculture & Livestock Specialist
 - **State & District Council Officers and 4-H Ambassador Program Q&A** with Callie Cline, State 4-H Council Advisor & 2024-2025 D5 Council Officers/Ambassadors
 - **District 5 4-H Council Officer Elections** (see attached information for additional information on running for a position). Each county represented at camp will be permitted 2 delegates that will vote for officer candidates.
- **Free Time** with a variety of ball games open to challenge your friends (pool, human foosball, gaga ball, basketball, pickleball, ping pong)
- **Blackout Dodgeball team competition** – enter the blackout room, don your glow-in-the-dark vest and play a round of dodgeball with glow-in-the-dark balls.



DISTRICT 5
4-H SENIOR LEADERSHIP LAB

Dream On

APRIL 11-12, 2025
Lakeview Methodist Camp, Palestine
Check-in 5:00 - 6:00 p.m.

Council Officer Elections	Power Laser Tag Competition
Hands-on Educational Workshop Sessions	Blanket Tying Service Project
Team Building and Leadership Activities	Blacklight Dodge Ball Fun

RED CARPET RODEO 4-H DANCE

Register @ texas.4honline.com
February 14 - April 1, 2025 - \$125 per camper
Late registration - April 2-4 - \$175 per camper
Open to 4-H youth 13 years old - 12th grade

INCLUDES LASER TAG, BLACKLIGHT DODGE BALL, ACTIVITIES, MEALS, SNACKS, LODGING AND T-SHIRT

The members of Texas A&M AgriLife will provide equal opportunities in programs and activities to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, marital status, or sexual orientation and will strive to achieve full and equal employment opportunities throughout Texas. M-2016-0016

What is Lab?

- Senior Leadership Lab is held annually for 4-H members who are in or are entering 8th grade in the fall of 2025 (13 years minimum) through high school.
- The event is designed to prepare District 5 4-H members for various leadership roles at the county, district, and state levels.
- Participants gain valuable project knowledge and skills they can take home and implement in their local county 4-H program.
- By combining work and play, activities are designed to explore creativity in leadership roles, enhance teambuilding skills, and develop communication and public speaking skills.
- Members are encouraged to attend and participate in the District 5 4-H Council business meeting as well as be involved in the selection of the officer team for the next 4-H year.
- Encourage your members to come ready to have a great camp experience!

District Council Elections



- The District 5 4-H Council officer elections will be held during Leadership Lab. 4-H members running for an office must meet certain eligibility requirements and submit the appropriate forms to reach the **District office by March 28, 2025** (see attached).
- Along with the application form, a leadership history form will be required and scored.
- There will also be a virtual interview scheduled and conducted the week before camp which will be scored.
- These scores along with the popular vote will be used to select the 2025-2026 District 5 4-H Council officers.

Community Service Project



- This year the 2024-2025 District Council Officers are providing opportunities for District 5 families to give back to local organizations that support children in the foster care system and those under the advocacy program care.
- Show your support by bringing any or all of the following items:
 - Hygiene products – North East Texas Children’s Advocacy Center
 - Diapers and unused stuffed animals – Children’s Advocacy Center of Smith County

Cost

- \$125 fee per 4-H member participating in Leadership Lab during regular registration (February 14-April 1). Late registration is \$175 and is open from April 2-4, 2025.
- All fees must be submitted through 4-H Online.
- Fees include activities, breakfast, lunch, dinner, lodging and a 4-H Leadership t-shirt.
- No fees will be charged for assigned agents assisting with Lab; however, you must register on 4HOnline and complete the required paperwork.

Registration

- No reimbursements will be made after registration has been approved. However, substitutions of the same gender may be made at any time.
- All changes will be made through the District Office.
- Please note that confirmations will not be made until late in the registration process so that changes, if needed, can be made.

Special Accommodations

- Any participant who requires auxiliary aids or special accommodations must contact the District office at least 2 weeks before the camp or note such needs when registering on 4HOnline.
- If your child has dietary restrictions and is unable to eat the meals provided by the camp, be sure to pack other food for breakfast and lunch.

Check-in and Questions

- Follow the posted 4-H yard signs to check-in at the at the St. Luke’s auditorium. Check-in between 5:00 and 6:00 p.m.
- Please contact Jheri-Lynn McSwain, District 5 4-H Specialist at 936-332-3662 with questions while your child is at camp. Dr. McSwain will be on-site during the camp.

Required Forms

The following forms are required for youth participation and are required for completion during the registration process on 4HOnline:

1. 4-H Camp & Enrichment Program Waiver, Indemnification, and Medical Treatment form
2. Health and Safety Statement form
3. Parent Guardian Authorization, Wavier, and Consent for Self-Administration of Prescription Medication – Participants 15 years of age or older form
4. Authorization to Dispense Medication form
5. Parent Guardian Authorization, Waiver, and Consent for Over-the-Counter Medication form (this form also includes sunscreen use).
6. Lakeview Methodist Camp Waiver form.
7. Permission to Drive to Lab (optional - only for youth driving themselves – see the Transportation section below).



ALL forms must be signed by a parent/guardian and completed. Questions on forms that are NOT APPLICABLE to your child, be sure to indicate by writing NONE or NA so that forms will be noted as complete.

Transportation



- **Youth driving themselves or other family members to lab must complete a permission form during registration.** Vehicle keys will be collected during check-in and returned at check-out.
- Youth are NOT permitted to drive non-family members to District events/contests.
- Parents or other volunteer leaders are responsible for transporting campers to and from Lakeview Methodist Camp in Palestine.

What to Bring

- Casual, camp-type clothing will be appropriate for 4-H members and agents. We would expect the group to wear suitable clothes that will always reflect a favorable 4-H image. Any clothing that shows too much skin is not acceptable (i.e. short-shorts or exposed undergarments are considered inappropriate). Lab officials will make the final decisions concerning whether certain clothing is allowed.
- 4-H t-shirts are recommended. One camp t-shirt will be provided that will be worn on Saturday. Select your size during registration.
- See list of items to bring below:

✓	Item
	1 complete change of casual clothes (4-H t-shirts, shorts/skirts/pants are recommended)
	Closed toe shoes*
	Toiletry items
	Reusable water bottle with name**
	Sunscreen
	Running for election? Casual attire – bring a 4-H t-shirt to wear during speeches
	Twin-size bedding or sleeping bag and pillow
	Towels and washcloth
	Red Carpet Rodeo dance theme clothing/costume
	A few dollars if youth want to purchase snacks from camp gift store (participants are welcome to bring their own snacks, too)

*We will be participating in leadership and team building activities and closed toes are **required**.

**Bring a reusable water bottle (thermos type) as filling stations will be available.

Lodging

Youth will be staying in dorm rooms with bunkbed style beds with 15 youth per room. **Bed linens/sleeping bag, pillow and towels will need to be brought by each camper.** Room assignments will be made upon arrival at camp. Adult chaperones will be housed in the same dorm building.

Code of Conduct

Youth will be expected to follow the 4-H Youth Code of Conduct signed during 4-H enrollment. In the event the code of conduct is not followed, parent/guardian will be contacted and expected to pick-up their child at designated time to be determined by 4-H Specialist.

Join your 2024-2025 District 5 Council Officers at Senior Leadership Lab and Dream On with 4-H!

