

District 5 Senior Leadership Lab and Council Officer Elections

Who is ready to explore TAMU-Commerce and experience Leadership Under the Big Top?

District 5 is super excited to announce their 4-H Senior Leadership Lab which will be held June 24-26, 2024 in Commerce at Texas A&M University-Commerce (TAMUC). The theme this year is "Leadership Under the Big Top."

Workshop sessions on goal setting, time management, leadership through community service, teamwork, and communication will be provided by the 2023-2024 District 5 4-H Officer Council team. Campus tours of various colleges, a hamburger cookout at the Ag Farm, a STEM program tour with a viewing of the stars at the planetarium, and a 4-H dance will be hosted.

What is Lab?

- Senior Leadership Lab is held annually in June for 4-H members who are in or are entering 9th grade (14 years minimum) through high school including those just graduated seniors.
- The event is designed to prepare District 5 4-H members for various leadership roles at the county, district, and state levels.
- Participants gain valuable project knowledge and skills they can take home and implement in their local county 4-H program.
- By combining work and play, activities are designed to explore creativity in leadership roles, enhance teambuilding skills, and develop communication and public speaking skills.
- Members are encouraged to attend and participate in the District 5 4-H Council business meeting as well as be involved in the selection of the officer team for the next 4-H year.
- Encourage your members to come ready to have a great camp experience!

Cost

- There will be a \$175 fee per 4-H member participating in Leadership Lab.
- All fees must be submitted through 4-H Online.
- Fees include activities, breakfast, lunch, dinner, lodging and a 4-H Leadership t-shirt.
- No fees will be charged for assigned agents assisting with Lab; however, you must register on 4HOnline.





Registration

- No reimbursements will be made after registration has been approved. However, substitutions of the same gender may be made at any time.
- All changes will be made through the District Office.
- Please note that confirmations will not be made until late in the registration process so that changes, if needed, can be made.
- The 4-H Online registration process will be open May 1st June 8th with the fee of \$175 and will remain open until June 12th with the late registration cost of \$225.
- Spaces are limited to 50 youth participants.

Special Accommodations

Any participant who requires auxiliary aids or special accommodations must contact the District office at least 2 weeks before the camp or note such needs when registering on 4HOnline.

Required Forms

The following forms are required for youth participation and are required for completion during the registration process on 4HOnline:

- 1. Camp & Enrichment Program Waiver, Indemnification, and Medical Treatment form
- 2. Health and Safety Statement form
- 3. Parent Guardian Authorization, Wavier, and Consent for Self-Administration of Prescription Medication Participants 15 years of age or older form
- 4. Authorization to Dispense Medication form
- 5. Parent Guardian Authorization, Waiver, and Consent for Over-the-Counter Medication form (this form also includes sunscreen use).

ALL forms must be signed by a parent/guardian and completed. If your child does not have prescribed medicine to be dispensed (form #4) or is under 15 years of age, and is, therefore not eligible to self-medicate (form #3); then provide your child's name on the form and write NONE.

Transportation

Parents or other volunteer leaders are responsible for transporting campers to and from TAMUC. Check-in will be from 5 to 6 pm at the North Hall dormitory.

What to Bring

• Casual, camp-type clothing will be appropriate for 4-H members and agents. We would expect the group to wear suitable clothes that will always reflect a favorable 4-H image. Any clothing that shows too much skin is not acceptable (i.e. short-shorts or exposed undergarments are considered inappropriate). Lab officials will make the final decisions concerning whether certain clothing is allowed.





• See list of items to bring below:

✓	Item
	2 complete changes of casual clothes (4-H t-shirts, shorts/skirts/pants
	are recommended)
	Hat (optional)
	Closed toe shoes*
	Toiletry items
	Reusable water bottle with name**
	Sunscreen
	Running for election? Casual attire – bring a 4-H t-shirt to wear during
	speeches
	Full size bedding or sleeping bag and pillow
	Towels and washcloth

^{*}We will be participating in some walking activities and closed toes are required.

Lodging

Youth will be staying in dorm rooms with two full size beds with two youth per room. Bed linens/sleep bag, pillow and towels will need to be brought by each camper. Room assignments will be made upon arrival at camp. Adult chaperones will be housed in the same dorm building.

At check-out, youth will be required to remit the camp card and room key checked out to them. Fees will be assessed for the following:

- o Missing or damage camp cards \$20
- Missing or damaged key \$55
- o Room trash \$25 per dorm room
- o Room damages billed at cost by the university

Code of Conduct

Youth will be expected to follow the 4-H Youth Code of Conduct. In the event the code of conduct is not followed, parent/guardian will be contacted and expected to pick-up their child at designated time to be determined by 4-H Specialist.

District Council Elections

- The District 5 4-H Council officer elections will be held during Leadership Lab. 4-H members running for an office must meet certain eligibility requirements and submit the appropriate forms to reach the District office by June 12, 2024 (see attached).
- Along with the application form, a leadership history will be required and scored.

^{**}Bring a reusable water bottle (thermos type) as filling stations will be available throughout campus and in the dorm.



- There will also be a virtual interview scheduled and conducted the week before camp which will be scored.
- These scores along with the popular vote will be used to select the 2024-2025 District 5 4-H Council officers.

Program Schedule June 24th – Day 1 of Camp

- 5:00 to 6:00 pm check-in at Texas A&M University-Commerce Phase 2 Dorm Commerce, Texas
- Pizza dorm dinner
- Team building activities, ice breakers, 4-H scavenger hunt
- Dorm free time

June 25th - Day 2 of Camp

- Breakfast
- Leadership Under the Big Top with 4-H sessions
 - Be the Ringmaster: Take leadership of your community through service, guiding it smoothly like a ringmaster orchestrates a show.
 - Juggling Priorities: Balancing goals at the center of your ring by learning how to toss your tasks successfully, catching your dreams, and meeting all your goals.
 - Walking the Tightrope of Teamwork: Balancing ideas and efforts on the tightrope of teamwork. By communicating effectively and embracing positive thinking, we can create a thrilling performance of success!
- Lunch
- Dorm free time
- Campus tours
- Hamburger cook-out at the Ag Farm
- College STEM program tour
- Campus planetarium: A view of the stars
- 4-H Dance

June 26th - Day 3 of Camp

- Breakfast
- District 5 4-H Council Officer Elections
- Camp evaluation
- Pick-up by 11:30 a.m. at TAMUC, Phase 2 Dorm

Join your 2023-2024 District 5 Council Officers with 4-H Leadership Under the Big Top!