DISTRICT 5 4-H FOOD SHOW
RECIPE SUBMISSION PAPERWORK

CONTESTANT NAME: Cayla Hemphill				
CATEGORY *Please check one*	☐ Appetizer	☐ Main Dish	☒ Side Dishes	☐ Healthy Desserts
COUNTY	Henderson			
AGE DIVISION	☒ Junior	☐ Intermediate	☐ Senior	

Name of Recipe: Purple Hull Peas		
Prep Time: 15 minutes	**Cook Time:** 2 hours	**Cost:** $7.50

Type Recipe Here:

INGREDIENTS
1 quart fresh purple hull peas
1/4 cup diced onions
4 slices of raw bacon, quartered
1 clove diced garlic
Salt and Pepper to taste

DIRECTIONS
Rinse and clean purple hull peas. Dice the onion and garlic. Cut the raw bacon slices into quarters. Bring 6 quarts of water to a rapid boil. Add all ingredients to the boiling water and cover. Simmer for 1 1/2 to 2 hours.

By submitting the recipe, the contestant releases the recipe for use by Texas 4-H Youth Development and Texas A&M AgriLife Extension.

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