DISTRICT 5 4-H FOOD SHOW
RECIPE SUBMISSION PAPERWORK

CONTESTANT NAME: BAILEE HOSAK					
CATEGORY *Please check one*	[X] Appetizer	[ ] Main Dish	[ ] Side Dishes	[ ] Healthy Desserts	
COUNTY	UPSHUR				
AGE DIVISION	[ ] Junior	[X] Intermediate	[ ] Senior		

Name of Recipe: Everything Bagel Avocado Toast		
Prep Time: 5 mins	**Cook Time:** 2 mins	**Cost:** $3.17

Type Recipe Here:

Everything Bagel Avocado Toast

Ingredients:
2 slices bread
2 tablespoons cream cheese
1 large ripe avocado
Everything Bagel Seasoning

Instructions:
Toast bread for two minutes. Spread cream cheese evenly on slices of bread.
Mash half of the avocado and place mashed avocado evenly on slices of bread. Slice the other half of the avocado and place slices on top. Sprinkle with Everything Bagel Seasoning and eat immediately.

Makes 2 servings.

By submitting the recipe, the contestant releases the recipe for use by Texas 4-H Youth Development and Texas A&M AgriLife Extension.

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