Hannah McShan

Junior

Protein

Nacogdoches

Terrific Taco Salad

Ingredients:

1 1/2 lb. ground venison
2 tsp. garlic powder
2 tsp. chili powder
2 tsp. paprika
salt and pepper to taste after cooking

TOPPING SUGGESTIONS:

avocado or guacamole
corn
lettuce (chopped)
black beans (no sugar added if purchased)
salsa (no sugar added if purchased)
tomatoes (chopped)
onions (chopped)
olives (sliced)
shredded cheese
fresh cilantro

Instructions:

Prepare your meat in a non stick pan using either chicken broth or 1/2 teaspoon olive oil to cook it. Add all meat mixture ingredients to the pan and cook until the meat is done.

Prepare all other ingredients.

Layer all the ingredients in a large baking dish or directly on your plate and serve.