Peter Cole

Senior

Protein

Henderson County

Honey Apricot Bites

Ingredients:
1 1/4 cups oats
1/2 cup sliced almonds finely chopped
1/2 cup dried apricots finely chopped
3 tablespoons of shredded coconut
1/2 cup of peanut butter
1/2 cup of local Texas honey

Directions:
In a medium bowl add dry ingredients: oats, coconut, almonds. Stir well. next add the honey, apricots, and peanut butter and stir until all ingredients are well distributed. Refrigerate mixture for 20 to 30 minutes. Then roll into bite sized rounded balls. When chilled they can last about 5 days.