

DISTRICT 4-H FOOD SHOW

NAME: HELENA BAUTISTA-MATHIAS

COUNTY: WOOD COUNTY

AGE DIVISION: INTERMEDIATE

FOOD DIVISION: FRUIT/VEGETABLES

RECIPE

Fire and Ice Salsa

3 cups watermelon, seeded and chopped

½ cup green peppers, chopped

2 T. lime juice

1 T. cilantro, chopped

1 T. green onions, chopped

1-2 small jalapeno peppers, chopped

Chop all ingredients listed that indicated to chop. If watermelon you are using is not seedless, remove seeds from watermelon. Combine all ingredients; mix well and cover. Refrigerate one hour or more.

Can be served with tortilla chips or used as a dressing/garnish for a meal dish.