

## Vegetable Stew

### Ingredients:

2 Bags of Frozen Classic Mixed Vegetables  
1/2 lbs. Ground Beef or Ground Turkey  
1 package of Beef Stew Seasoning Mix  
1tbsp. ketchup  
2 cups water

### Directions:

Bring 2 cups of water to boil in crockpot. Add ground meat and let cook until meat is done. Add vegetable, beef stew package mix and ketchup and mix well. Bring stew to a simmer for 1 hour.