Janelle Edwards

Junior

Dairy

Henderson County

Strawberry Smoothie

Ingredients:
8 strawberries, hulled
1/2 cup milk
1/2 cup vanilla yogurt
1 tablespoon white sugar
1 teaspoon vanilla extract
6 cubes ice, crushed

In a blender combine strawberries, milk, yogurt, sugar, and vanilla. Toss in the ice. Blend until smooth and creamy. Pour into glasses and serve.