

## **RECIPE AND SCORECARD SUBMISSION INSTRUCTIONS**

### **RECIPES**

All recipes should be submitted to the District Office via email attachment to [wsschrader@ag.tamu.edu](mailto:wsschrader@ag.tamu.edu) in pdf format with the name of the recipe as the file name.

Example: creamed corn.pdf

**DO NOT USE THE MEMBER'S NAME OR THE COUNTY AS THE FILE NAME.  
Put their name, county and age division at the bottom of the recipe page.**

The submitted recipes will be put on the District 5 Web page - Food and Nutrition Extravaganza/ 2012 Recipes - and listed under each county name.

### **SCORECARDS**

Completed scorecards (with recipe printed on the back) may be submitted to the District office via email attachment to [wsschrader@ag.tamu.edu](mailto:wsschrader@ag.tamu.edu) or via regular mail.

**PLEASE BE SURE TO SUBMIT ALL REQUIRED INFORMATION  
TO THE DISTRICT OFFICE BY THE January 29, 2012 DEADLINE.**