

Lynsey's Jalapeno Poppin' Peppers

28 ounce can whole jalapenos

1 pound ground sausage

8 ounce package cream cheese, softened

Drain jalapenos, slice in half lengthwise and remove seed; set aside. Brown sausage and drain; add cream cheese and mix well. Stuff each jalapeno half with cream cheese-sausage mixture.

Yield: 22 servings with approximately 10 calories each

Lynsey Fry

Trinity County

Intermediate--Fruit -Vegetable