HOMESTYLE MEATLOAF

1 pound lean ground beef

2 beaten eggs

½ cup ketchup

½ cup milk

2 pieces bread, torn into pieces

½ cup finely chopped onion

½ teaspoon salt

½ teaspoon pepper

½ teaspoon onion powder

Topping:

¼ cup ketchup

Heat oven to 350°F. In large bowl, combine all meatloaf ingredients; mix well. Press mixture in ungreased 8x4-inch loaf pan. Bake at 350°F. for 40 minutes. Remove meatloaf from oven. Spread 1/4 cup ketchup evenly over top. Return to oven; bake an additional 15 to 20 minutes or until meat thermometer reaches 160°F and beef is thoroughly cooked. Let stand 10 minutes before serving.

Makes 6 servings.

Kara Wofford
Protein
Cherokee County
Intermediate Division