Broccoli Rice Casserole

½ cup butter

1 cup chopped onion

16-ounce package frozen chopped broccoli

1/3 cup 2% milk

10.5-ounce can Cream of Chicken soup

8-ounce jar Cheese Whiz

1 ½ cups cooked white long grained rice

Heat the butter in a 10-inch skillet over medium heat. Add the onion and cook until tender-crisp, stirring occasionally. Stir the broccoli in the skillet and cook until it is tender-crisp, stirring occasionally. Stir in the milk, soup, cheese sauce, and rice. Cook and stir until cheese is melted. Pour the broccoli mixture into a 2-quart shallow baking dish. Bake at 350 degree Fahrenheit for 30 minutes or until the mixture is hot and bubbling. Yield 12 servings.

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Vegetable Category