Pecan Cranberry Holiday Salad

Ingredients

4 cups fresh spinach

4 cups chopped kale, ribs removed

2 apples, chopped

1 cup dried cranberries

½ cup chopped pecans

½ cup feta cheese

For the balsamic vinaigrette:

¾ cup olive oil

¼ cup balsamic vinegar

1 tablespoon Dijon mustard

2 tablespoons honey

1 tablespoon lemon juice

Salt and pepper to taste

Instructions:

1. For the vinaigrette, whisk all the ingredients together and refrigerate until ready to use.
2. Add kala and spinach to a large salad bowl. Top with remaining salad ingredients. Drizzle with vinaigrette and toss gently.

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