Contest Information -

* 2 parts -
  - Judging (topics include: Nutrition, Passenger safety/Teen driving safety, Sun safety, Sports nutrition, Altering recipes, Food safety, ATV safety, & a Mystery class
  - Group Presentation
* Open to youth in the intermediate and senior age divisions.
* 4-H members do not have to qualify in order to participate in this invitational contest.
* 4-H members may enter as an individual or a member of a county team. Teams shall be made up of 3-4 youth within the same age division.
* 4-H members entered as individuals will be randomly grouped with other individuals to form a team for the team presentation portion of the contest.
* Best efforts will be made by the contest planning team to group individuals into 4-member teams (not a guarantee).

Thursday, June 14, 2012

More information online -
http://texas4-h.tamu.edu/projects/healthy_lifestyles/index_healthy_lifestyles.php

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