

Apple-Raisin Ladybugs

2 lettuce or kale leaves	2 teaspoons creamy peanut butter
1 medium Red Delicious Apple, quartered and cored	2 tablespoons raisins
	5 red grapes

Place lettuce leaves on two salad plates. Arrange two apple quarters, peel side up, on the lettuce. Use dabs of peanut butter to place raisins in the space between apple quarters. Place one grape at the stem end of apple for head. For legs, cut the remaining grapes lengthwise into four pieces; place three on each side of ladybugs. Place small dabs of peanut butter on remaining raisins; gently press onto apples for spots. Yield: 2 servings

Courtney Linton

Trinity County

Junior-Nutritious Snacks