

Tomato Guacamole Dip

2 medium ripe avocados, peeled and chopped
1 Tablespoon lime juice
1 small tomato, chopped
3 Tablespoons sour cream
1/2 teaspoon salt
1/2 teaspoon minced garlic
Baked tortilla chips
variety of veggies: celery, broccoli, cauliflower, & carrots

Directions:

In a small bowl, mash avocados and lime juice with a fork. Stir in the tomato, sour cream, salt and garlic. Cover and refrigerate for 5 minutes. Serve with tortilla chips or veggies. Yield: 2 1/3 cups. Servings 8 - 10.

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